

## *Member Health Education*



Click on the below health brochures to learn  
about how you can stay healthy.

### HEALTH

[Healthy Women](#)

[Healthy Men](#)

[Keeping Your Children Safe from Lead Poison](#)

[Adult Immunization](#)



### CHILDREN'S HEALTH

[Child Check-Up Brochure](#)

[Children Immunization Schedule](#)

### DENTAL

[Oral Health Matters – Tobacco](#)

[Oral Health Matters - Fluoride](#)